

Dr. Carolyn Kochert is the Owner and Medical Director of the Kochert Pain Institute. A life-long Hoosier, she earned a B.S. In Pharmacy at Purdue University and a medical degree from Indiana University. After completing a flexible internship at St. Vincent's Hospital, Indianapolis, Indiana, she completed an anesthesiology residency at Indiana University Medical Center.



Dr. Kochert practiced anesthesiology at St. Elizabeth Hospital and Lafayette Home Hospitals. After realizing the huge need for chronic pain management in the late 1990's, she undertook extensive additional training to become proficient in treating chronic pain conditions, with Board Certification granted in 1998 and recertification just last year. Originally, she was a founder and partner in Advanced Pain Management. In 2007, she founded Kochert Pain Institute to provide a more well-rounded approach to pain management.

Dr. Kochert has held many positions in the medical community, including President of the Lafayette Home Hospital Medical staff, Vice President of the LHH Medical staff, Secretary/Treasurer of the LHH Medical

staff, Chairperson of the LHH Credentials Committee, Chairperson of the Anesthesia Department at LHH. She also was voted Salute to Women: Professional Woman of the Year, in 1997.

Dr. Kochert employs a multidisciplinary approach to pain management, including assessment and treatment of pain and suffering. She and her staff at Kochert Pain Institute utilize Interventional procedures, Medication management, Nutritional counseling, Lifestyle counseling (diet and exercise), Axial Decompression therapy, Alpha Stimulation therapy, Bio Wave Therapy, Prolotherapy (RIT), Neurotherapy, Platelet Rich Plasma (PRP) Therapy, Vertebroplasty, and Weight Loss programs, all of which are provided within the walls of her practice, to help patients manage or overcome their conditions. Collaboration with providers in the community for physical therapy, chiropractic therapy, massage, acupuncture, psychological counseling, pedorthic care, etc , round out the options for care for her patients.

Dr. Kochert has a particular interest in neuromodulation to treat chronic neuropathic pain and has done research and training with Spinal Cord Stimulator companies in order to evaluate and improve the safety and effectiveness of such devices. She is one of the leading implanter of spinal cord stimulators in the state of Indiana. Dr. Kochert's Poster on Comparison of 2 SCS Systems was accepted at the World Institute of Pain Conference, Budapest, Hungary, in 2007.

Dr. Kochert and her husband of 33 years, Frank, have 6 children: Jonathan, Marie, Rachel, Andrea, Noah, and Samuel. They enjoy outdoor activities on their farm and spending time together.